

TRACY DAWBER PILATES

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TO WHOM IT MAY CONCERN

This letter confirms that Leigh O'Brien worked with me from January 2005 when she relocated from Zimbabwe to Johannesburg till March 2017 when she opened her own studio.

Leigh has completed her full certification in Stott Pilates including the advanced work.

She is a disciplined instructor who knows her clients strengths and weaknesses well and how to address their issues.

She has good knowledge and understanding of the Stott repertoire and combined with her experience makes her a successful instructor.

Yours in Pilates!

Tracy Dawber

Merrithew Lead Instructor Trainer for Stott Pilates